

lunedì, 12 ottobre 2020**Room 2****15 : 00 - 16 : 00**

>>> Pre-Conference advanced course

Nurse management of patients with comorbidities

Achieving an undetectable viral load is no longer the sole endpoint in treating HIV. Today's challenge is to guide patients towards a proactive management of HIV-associated comorbidities.

Therapies have improved notably: nowadays patients diagnosed with HIV and treated with the latest antiretrovirals have a life expectancy comparable to the general population. A recent study showed that in 2010 patients' mean age was 43.9 years, whereas in 2030 is expected to be 56.6 years, with patients aged over 50 increasing from 28% to 73%.

Nonetheless, there are more challenges to face: aging with HIV puts patients to an increased risk of developing HIV-related illnesses, such as osteoporosis, hepatic, cardiovascular and neurological disease.

It is therefore necessary for the nursing staff to be able to lead patients to a successful management of their comorbidities through a learning process based on efficient means of communication aimed at patients' empowerment.

Chairs: E. Bruni (Ferrara), M. Gatti (Lecco), S. Patrucco (Torino)

15.00 - 15.10	Cardiovascular risk factors	Michela Belli, Modena
15.10 - 15.20	Nurse management of frail and elderly HIV-positive patients	Manuela Gatti, Lecco
15.20 - 15.30	Therapeutic Patient Education in subjects with neurocognitive disorders	Silvia Ondedei, Roma
15.30 - 15.40	Nurse management of cancer patients	Adriana Meda, Monza
15.40 - 15.50	The nurse's role in managing the risk of infection in HIV-positive patients	Erika Bruni, Ferrara
15.50 - 16.00	Discussion	